

# October 2022

## Elms Elementary School Lunch K-8

<b>03</b>	<b>04</b>	<b>05</b>	<b>06</b>	<b>07</b>
<p><b>Entree</b> Chicken Nuggets</p> <p><b>Vegetables</b> Tater Tots Celery Sticks</p> <p><b>Fruit</b> Assorted Fruit</p> <p><b>Milk</b> 1% Milk Fat Free Chocolate Milk</p>	<p><b>Entree</b> Corn Dog Nuggets</p> <p><b>Vegetables</b> Baked Beans Celery Sticks</p> <p><b>Fruit</b> Diced Peaches</p> <p><b>Milk</b> 1% Milk Fat Free Chocolate Milk</p>	<p>SCHOOLS CLOSED HOLIDAY</p>	<p><b>Entree</b> Hot Dog on WG Bun</p> <p><b>Vegetables</b> Potato Wedges Celery Sticks</p> <p><b>Fruit</b> Frozen Peach Cup</p> <p><b>Milk</b> 1% Milk Fat Free Chocolate Milk</p>	<p><b>Entree</b> Cheese Pizza</p> <p><b>Vegetables</b> Tossed Side Salad</p> <p><b>Fruit</b> Fresh Fruit Mixed Cup</p> <p><b>Milk</b> 1% Milk Fat Free Chocolate Milk</p>
<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b>
<p>SCHOOL SCLOSED HOLIDAY</p>	<p><b>Entree</b> Dutch Waffles</p> <p><b>Vegetables</b> Seasoned Hashbrown Patties Baby Carrots</p> <p><b>Fruit</b> Apple Juice</p> <p><b>Milk</b> 1% Milk Fat Free Chocolate Milk</p> <p><b>Misc.</b> Turkey Sausage Patty</p>	<p><b>Entree</b> Hamburger with Bun All American Cheese Burger</p> <p><b>Vegetables</b> Green Peas Baby Carrots</p> <p><b>Fruit</b> Strawberry Cup</p> <p><b>Milk</b> 1% Milk Fat Free Chocolate Milk</p>	<p><b>Entree</b> Crispy Chicken Sandwich</p> <p><b>Vegetables</b> Potato Wedges Baby Carrots</p> <p><b>Fruit</b> Applesauce</p> <p><b>Milk</b> 1% Milk Fat Free Chocolate Milk</p>	<p><b>Entree</b> French Bread Cheese Pizza</p> <p><b>Vegetables</b> Cut Green Beans Baby Carrots</p> <p><b>Fruit</b> Fresh Fruit Mixed Cup</p> <p><b>Milk</b> 1% Milk Fat Free Chocolate Milk</p>

<p style="text-align: right;">17</p> <p><b>Entree</b> Chicken Strips</p> <p><b>Vegetables</b> Whole Kernal Corn Celery Sticks</p> <p><b>Fruit</b> Assorted Fruit</p> <p><b>Grains</b> Dinner Roll</p> <p><b>Milk</b> 1% Milk Fat Free Chocolate Milk</p>	<p style="text-align: right;">18</p> <p><b>Entree</b> Colby Cheese Omelet</p> <p><b>Vegetables</b> Celery Sticks</p> <p><b>Fruit</b> Assorted 100% Fruit Juice Assorted Fruit</p> <p><b>Grains</b> Biscuit</p> <p><b>Milk</b> 1% Milk Fat Free Chocolate Milk</p> <p><b>Misc.</b> Turkey Sausage Patty</p>	<p style="text-align: right;">19</p> <p><b>Entree</b> Chicken Parmesan Sandwich</p> <p><b>Vegetables</b> Celery Sticks</p> <p><b>Fruit</b> Assorted Fruit</p> <p><b>Milk</b> 1% Milk Fat Free Chocolate Milk</p>	<p style="text-align: right;">20</p> <p><b>Entree</b> Macaroni &amp; Cheese</p> <p><b>Vegetables</b> Celery Sticks</p> <p><b>Fruit</b> Assorted Fruit</p> <p><b>Milk</b> 1% Milk Fat Free Chocolate Milk</p>	<p style="text-align: right;">21</p> <p><b>Entree</b> Cheese Pizza</p> <p><b>Vegetables</b> Tossed Side Salad</p> <p><b>Fruit</b> Assorted Fruit</p> <p><b>Milk</b> 1% Milk Fat Free Chocolate Milk</p>
<p style="text-align: right;">24</p> <p><b>Entree</b> Chicken Nuggets</p> <p><b>Vegetables</b> Whole Kernal Corn Celery Sticks</p> <p><b>Fruit</b> Assorted Fruit</p> <p><b>Grains</b> Dinner Roll</p> <p><b>Milk</b> 1% Milk Fat Free Chocolate Milk</p>	<p style="text-align: right;">25</p> <p><b>Entree</b> Maple Smart Snack Waffle</p> <p><b>Vegetables</b> Celery Sticks</p> <p><b>Fruit</b> Assorted 100% Fruit Juice Assorted Fruit</p> <p><b>Grains</b> Biscuit</p> <p><b>Milk</b> 1% Milk Fat Free Chocolate Milk</p> <p><b>Misc.</b> Turkey Sausage Patty</p>	<p style="text-align: right;">26</p> <p><b>Entree</b> Popcorn Chicken</p> <p><b>Vegetables</b> Steamed Peas and Carrots Baby Carrots</p> <p><b>Fruit</b> Mixed Fruit Cup</p> <p><b>Milk</b> 1% Milk Fat Free Chocolate Milk</p>	<p style="text-align: right;">27</p> <p><b>Entree</b> Classic Grilled Cheese Sandwich</p> <p><b>Vegetables</b> Curly Fries Baby Carrots</p> <p><b>Fruit</b> Assorted Fruit</p> <p><b>Milk</b> 1% Milk Fat Free Chocolate Milk</p>	<p style="text-align: right;">28</p> <p><b>Entree</b> French Bread Cheese Pizza</p> <p><b>Vegetables</b> Tossed Side Salad</p> <p><b>Fruit</b> Assorted Fruit</p> <p><b>Milk</b> 1% Milk Fat Free Chocolate Milk</p>

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**Entree**

Chicken Nuggets

**Vegetables**

Tater Tots

Celery Sticks

**Fruit**

Assorted Fruit

**Milk**

1% Milk

Fat Free Chocolate Milk

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